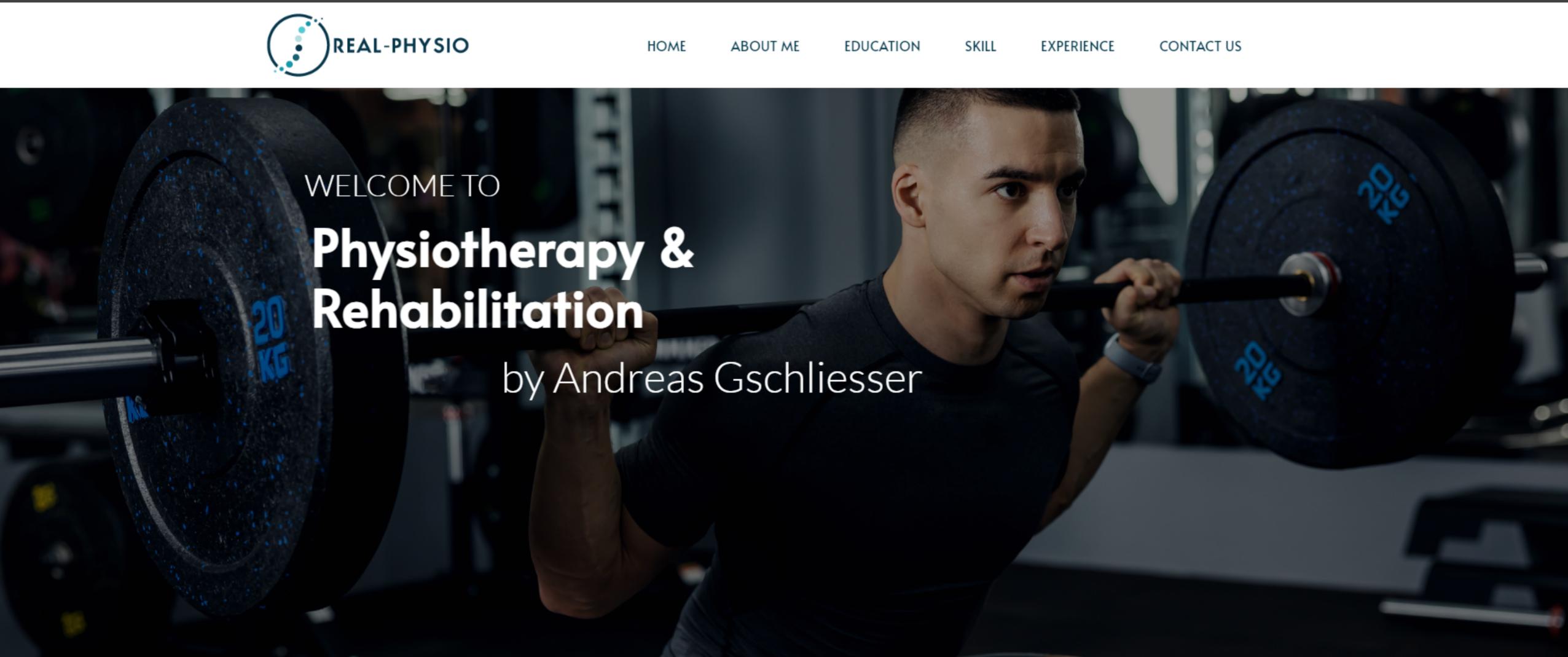
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ABOUT ME

I am a passionate physio and manualtherapist with a keen enthusiasm in orthopedics and sport injuries. My latest focus is in craniofascial, craniocervical and craniomandibular disorder. My goal is to stay "up to date" with the latest scientific knowledge about physical therapy and offer evidence-based practice therapy. The combination of manual therapy and sport physiotherapy makes it possible to ensure

precise diagnosis and therapy.

In my free time I do sports regularly and like to spend time in nature. My experience in my earliest sports career like ice hockey, kitesurfing, soccer, mountain biking and rock climbing enables me to understand traumatic mechanism much better and can provide the right education and treatment.



EDUCATION

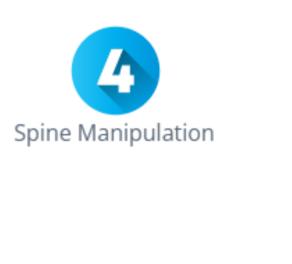
I am very interested in the latest scientific findings in physiotherapy. I am constantly following the changes in science related physiotherapy with great interest. Through the contact with other colleagues and the constant following of recognized and well-known pioneers of physiotherapy from all over the world, I can constantly develop my knowledge.



















SKILLS

- Acute or chronical spine issues like discus herniation, radiculopathy, spondylolisthesis, low back pain, torticollis, spine instability, cervical spine instability, whiplash, lumbar spine instability, claudicatio spinalis (lumbar spinal stenosis)....
- neuralgia, headache, temporomandibular joint disorder, disc displacements, clicking, dizziness/vertigo, somatic tinnitus... Common sports injuries like knee anterior

Cranio/Fascial disorders like trigeminal

- cruciate ligament rupture, meniscus tears, sprained ankle, shoulder luxation, Tennis or Golfers elbow, Patellofemoral Pain Syndrome (PFPS) and other Musculoskeletal (MSK) injuries... Shoulder Issues like RCRSP (Rotator cuff related shoulder pain), Subacromial Pain
- Syndrome, Shoulder Impingement Syndroms, Frozen Shoulder, general laxity of the shoulder joint (SAPS, SAIS, TUBS, AMBRI), functional shoulder instability... Complex Regional Pain Syndrom (CRPS /
- Morbus Sudeck) or chronical pain syndrome like low back pain, fibromyalgia, arthritis, osteoporosis... Nerve dynamic issues like carpal/tarsal tunnel syndrome, thoracal outlet

syndrome, nerve entrapment, and all other

neuro dynamic issues... Hip issues like Femoroacetabular Impingement Syndrome (FAIS), groin pain, dysplasia, femur and/or hip socket torsion,

Postoperative issues like hip prothesis,

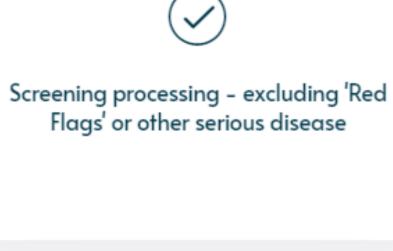
Snapping Hip Syndrome...

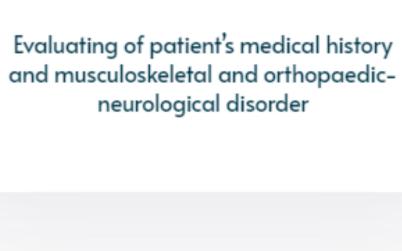
knee prothesis, anterior crucial ligament (ACL) replacement, torn rotator cuff, knee arthroscopy, spine surgery...



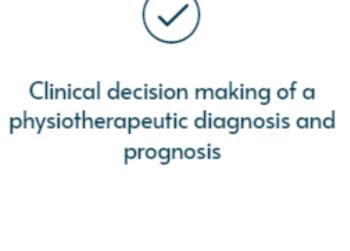
EARLY WORK EXPERIENCE In my last job environment, I was responsible of two clinics as the senior physiotherapist regarding the whole patient's management and technical

environment of the patient management system. **Key Responsibilities:**

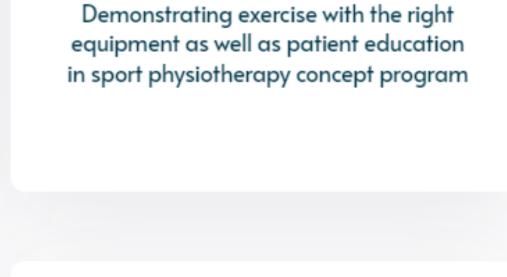














Documentation and monitoring the whole treatment series

Analysis and evaluating the outcome of the interventions

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Your Subject* Your Phone* Your Message

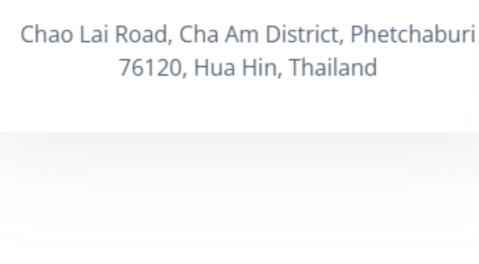
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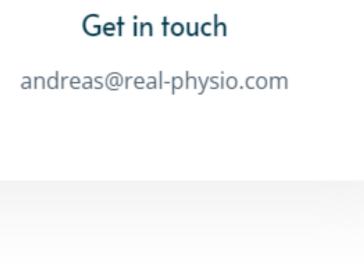
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Get in touch









CONTACT US

